

$$y = 2x^2 - 3x + 5$$

$$= 2 \left( \underbrace{x^2 - \frac{3}{2}x + \left(\frac{3}{4}\right)^2}_{=0} - \underbrace{\left(\frac{3}{4}\right)^2 + \frac{5}{2}} \right)$$
$$= 2 \left( \left(x - \frac{3}{4}\right)^2 + \frac{31}{16} \right)$$